



Sunday October 9, 2016
Rev. Joshua Sklar

A Heart that Considers...Philippians 4:4-9

Hope you had a very happy Thanksgiving. In your group, take a few moments to reflect on what you are truly thankful for.

1. Today we are going to spend time looking at the battlefield of the mind. Read through Philippians 4:4-9 again and focus in particular on the things on which we are to think upon in verse 8.

List the attributes here:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.

Take a few moments in your group and give examples of what some or all of these mean to you.

2. Satan knows that if we are going to walk closely with Jesus, we have to carefully monitor and control what goes into our minds.
READ Romans 12:2
 - a. What are some of the "acceptable" thought patterns of the world that we need to be renewed from?
 - b. How do these ideas get planted in our minds?
 - c. What are practical things we can do to control that?
 - d. Are we willing to be accountable to each other in making some change this week?
3. The process of renewing our minds makes a powerful and visible change in us. We start to have our priorities rearranged as we renew our minds and the Spirit of God is more and more free to work in our lives.
READ Galatians 5:13-25
 - a. One of the goals of the Spirit is to set us free. What does it mean to abuse our freedom to indulge the sinful nature? (Romans 6:1-2 speaks to this as well)
 - b. How do we bite and devour each other?

- c. Thinking in terms of pre-renewal of your minds, briefly mention a few examples from society of things that line up with verses 19-21.
- d. While we are clearly warned in 19-21 that these are unhealthy behaviours, for many they are commonplace. How have they become socially acceptable?
- e. Some of these are even commonplace in the church (the church in general as opposed to one specific church) How has that happened?
- f. In verses 22-23 we have another list. The list in Philippians 4 tells us what to think on. This second list tells us how we are to be. Do you see similarities? Where do they cross over?
- g. Verses 24-26 clearly tells us that those who have crucified the passions of the flesh belong to Jesus. While the term crucify as used here is commonly understood as "to nail to a cross," it can also refer to "subduing passions and selfishness." How is that done? Can it be instant or is it a process?
- h. What is the end result of being set free by the Spirit and with walking with Him?
- i. We are told not to become conceited and provoke one another. How is this abusing the freedom that Christ gave us?

THIS WEEK:

Ultimately, all of the attributes that we have studied reflect directly the person and character of Jesus Christ. His characteristics are referred to by many different terms and names throughout the Bible. This week, read through the names of Jesus below and use them as something to think upon that is excellent and praiseworthy.

Jehovah - The Lord - Exodus 6:2-3

Jehovah-Adon Kal Ha'arets- Lord of Earth - Josh 3:13

Jehovah-Bara - Lord Creator - Isaiah 40:28

Jehovah-Chatsahi - Lord my Strength - Psalm 27:1

Jehovah-Chereb - Lord the Sword - Deut. 33:29

Jehovah-Eli - Lord my God - Psalm 18:2

Jehovah-Elyon - Lord Most High - Psalm 38:2

Jehovah-Gador Milchamah - Mighty in Battle - Ps 24:8

Jehovah-Ganan - Lord Our Defense - Ps 89:18

Jehovah-Go'el - Lord My Redeemer - Is. 49:26, 60:16

Jehovah-Hamelech - Lord King - Psalm 98:6

Jehovah-Hashopet - Lord My Judge - Judges 11:27
Jehovah-Helech 'Olam - Lord King Forever Ps10:16
Jehovah-Hoshe'ah - Lord Saves - Psalm 20:9
Jehovah-Jireh - Provider - Gen. 22:14, I John 4:9, Philip 4:19
Jehovah-Kabodhi - Lord my Glory - Psalm 3:3
Jehovah-Kanna - Lord Jealous - Ex 34:14
Jehovah-Keren-Yish'i - Horn of Salvation - Ps 18:2
Jehovah-M'Kaddesh - Sanctifier - I Corinthians 1:30
Jehovah-Machsi - Lord my Refuge - Psalm 91:9
Jehovah-Magen - Lord my Shield - Deut. 33:29
Jehovah-Ma'oz - Lord my Fortress - Jer. 16:19
Jehovah-Mephalti - Lord my Deliverer - Psalm 18:2
Jehovah-Metshodhathi - Lord my Fortress - Psalm 18:2
Jehovah-Misqabbi - Lord my High Tower - Psalm 18:2
Jehovah-M'gaddishcem - Lord my Sanctifier - Ex 31:13
Jehovah-Naheh - Lord who Smites - Ezekiel 7:9
Jehovah-Nissi - Banner - I Chronicles 29:11-13
Jehovah-Rohi - Shepherd - Psalm 23
Jehovah-Rophe - Healer - Isaiah 53:4,5
Jehovah-Sabaoth - Lord of Hosts - I Sam 1:3
Jehovah-Sel'i - Lord my Rock - Psalm 18:2
Jehovah-Shalom - Peace - Isaiah 9:6, Rom 8:31-35
Jehovah-Shammah - Present - Hebrews 13:5
Jehovah-Tsidkenu - Righteousness - I Cor 1:30
Jehovah-Tsori - Lord my Strength - Psalm 19:14
Jehovah-Yasha - Lord my Saviour - Isaiah 49:26
Jehovah-'Ez-Lami - Lord my Strength - Ps 28:7
Jehovah-'Immeku - Lord Is With You - Judges 6:12
Jehovah-'Izoa Hakaboth - Lord Strong -Mighty - Ps 24:8
Jehovah-'Ori - Lord my Light - Psalm 27:1
Jehovah-'Uzam - Lord Strength in Trouble - Is 49:26